

T-Shirt Size Guide

Size	Length (cm)	Width (cm)	Sleeve (cm)
S	69	49.5	22.5
M	73	53.5	24.0
L	75	56.5	24.5
XL	77	59.5	25.0
2XL	79	63.5	25.5
3XL	81	67.5	26.0
4XL	83	72.5	26.0
5XL	84	77.5	26.5

Measure your favourite t-shirt flat on a surface and compare the results. For a relaxed fit, choose your regular size. For a snug fit, size down.